

Essex Boys and Girls Clubs Lockdown Activities!



ESSEX



Monday 9th November	Tuesday 10th November 20	Wednesday 11th November 20	Thursday 12th November 20	Friday 13th November 20	Saturday 14th November 20	Sunday 15th November 20
Youth Committee ZOOM 4:30PM	Online Youth Club ZOOM 5PM	Yoga ZOOM 4:30PM	Get Fit FACEBOOK 7PM	Movie Night ZOOM 6PM	Cook Along With Us FACEBOOK 10AM	Woodland Creations FACEBOOK 10AM

Monday 16th November 20	Tuesday 17th November 20	Wednesday 18th November 20	Thursday 19th November 20	Friday 20th November 20	Saturday 21st November 20	Sunday 22nd November 20
Youth Committee ZOOM 4:30PM	Online Youth Club ZOOM 5PM	Yoga ZOOM 4:30PM	Club Leader Catch Up ZOOM 1PM/6:30PM	Get Fit FACEBOOK 7PM	Cook Along With Us FACEBOOK 10AM	EGAMES START DATE

Monday 23rd November 20	Tuesday 24th November 20	Wednesday 25th November 20	Thursday 26th November 20	Friday 27th November 20	Saturday 28th November 20	Sunday 29th November 20
Youth Committee ZOOM 4:30PM	Online Youth Club ZOOM 5PM	V-Team Catch Up ZOOM 1PM/6:30PM	Young Leader Course ZOOM 4 - 6pm	Quiz Night ZOOM 7pm	Cook Along With Us FACEBOOK 10AM	Woodland Creations FACEBOOK 10AM

Monday 30th November 20	Tuesday 1st December 20	Wednesday 2nd December 20	Thursday 3rd December 20	Friday 4th December 20	Saturday 5th December 20	Sunday 6th December 20
Youth Committee ZOOM 4:30PM	Online Youth Club ZOOM 5PM	Club Leader Catch Up ZOOM 1PM/6:30PM	Young Leader Course ZOOM 4 - 6pm	Woodland Creations FACEBOOK 10AM	Cook Along With Us FACEBOOK 10AM	Get Fit FACEBOOK 10AM

Other activities we will be running:

Weekly workout Sessions

60 Second Challenges

Writing Competition

Drawing Challenges

Follow along with us

Drawing, decorations, origami etc...

Resource Packs

Social media Challenges

Towel Folding, Fitness, Scavenger etc...

Training we will be delivering:

First Aid

ASDAN

Volunteering, Leadership, Food wise

Safeguarding

Mental Health Awareness

Arts Award

Discover/Explore

Sports Young Leader Award

I Can Lead Award

For Zoom login details or for more information about our other activities; contact Jamie on jamied@essexboysandgirlsclubs.org

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www.essexboyandgirlsclubs.org

Remember to follow us: For updates and activities



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